

**Ridge Counseling Services**

Sean M. Ridge, PhD, LMFT

Primary Contact Information

Full Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Home Phone: (\_\_\_\_) \_\_\_\_\_

Work/Cell: (\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

Is it OK to:

leave a message at home? \_\_\_\_\_

leave a message at work/cell? \_\_\_\_\_

Email appointment information? \_\_\_\_\_

Text appointment information? \_\_\_\_\_

Background Information

Age \_\_\_\_\_

Occupation \_\_\_\_\_

Religious Preference \_\_\_\_\_

Briefly describe your reason(s) for seeking help \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How did you hear about these consultation services? \_\_\_\_\_

Consultation Defined

Consultation (coaching or soul care) is not psychotherapy or counseling. Consultation does not address mental disorders as defined by the American Psychiatric Association. Your appointments and sessions are not a substitute for counseling, psychotherapy, mental health care or substance abuse treatment.

Consultation assumes the mental health of the client (you). Consultation is a collaborative process that is present and future oriented. It is action oriented, solution focused and encourages change. It involves accountability and commitment to growth through increased competence, commitment, and confidence.

As the client, you set the agenda for these sessions and your success will largely depend upon your willingness to define goals and try new approaches. You can expect me, as your life coach, to be honest and direct, asking straightforward questions and offering challenging techniques to help you keep moving forward.

Payment for Services

Payment is due at time of service. Any exception to this must be arranged with Dr. Ridge. Failure to provide payment may result in termination of consultation. In addition, 24 hours notice is expected for cancellations. If 24-hours' notice is not given, the client will be responsible for paying for the cancelled session. Unless otherwise noted, fees are established at \$100 for a 45-minute session and \$50 for a 25-minute session.

Statement of Confidentiality

Consultation services provided are completely confidential in so far as the laws of the State of Tennessee allow. Under certain conditions, the right to confidentiality is necessarily violated. Those conditions include: 1) the potential for suicide or homicide on the part of the client; 2) when there is a reason to suspect that physical or sexual abuse has occurred to a child or older adult; and, 3) subpoena or court order by the State of Tennessee. The first two situations require me to report the situation to the appropriate authorities.

Agreement to Participate

In signing below, I understand the conditions listed above and agree to participate in consultation. I agree to hold harmless Dr. Sean M. Ridge, PhD, LMFT, from all liability and claims which may arise as a result of my participation in consultation.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date